




Consumer Health Literacy Toolkit

If this is a medical or fire emergency, dial 9-1-1.

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| <p>Medline Plus www.nlm.nih.gov/medlineplus</p> <p>MedlinePlus will direct you to quality information to help answer health questions. MedlinePlus brings together authoritative information from the National Library of Medicine (NLM), the National Institutes of Health (NIH), and other government agencies and health-related organizations.</p> | <p>Great Rivers 2-1-1 Dial 2-1-1 on your phone United Way • ATRS  Get Connected. Get Answers. http://www.greatrivers211.org/web/fcfh/home.nsf 2-1-1 is the nationwide free access phone number that makes it possible for people to navigate the maze of human services agencies and programs. 2-1-1 can give you information about and referrals to health and human service organizations.</p> |
| <p>If you have a Poison emergency call 1-800-222-1222</p> <p>Wisconsin Poison Control Center www.wisconsinpoison.org</p> <p>Iowa Poison Control Center www.iowapoison.org</p> <p>Minnesota Poison Control Center www.mnpoison.org</p> | <p>Health Finder www.healthfinder.gov</p> <p>Healthfinder® is an award-winning Federal Web site for patients. Since 1997, healthfinder® has been a key resource for finding the best government and nonprofit health and human services information on the Internet. Healthfinder® links to carefully selected information and Web sites from more than 1,500 health-related organizations.</p> |
| <p>Partnership for Clear Health Communication www.npsf.org/askme3/for_patients.php</p> <p>This website provides good questions you can ask your healthcare professional whenever you visit.</p> | <p>Kids Health www.kidshealth.org</p> <p>This website has doctor-approved health information about children from before birth through teenagers. There are sections for kids, parents and teenagers.</p> |
| <p>Centers for Disease Control (CDC) www.cdc.gov</p> <p>The Centers for Disease Control provide information on many health related topics, including diseases and conditions, environmental health, healthy living, safety, vaccinations and disease outbreaks.</p> | <p>Mayo Clinic.com – tools for healthier lives www.mayoclinic.com</p> <p>Mayo Clinic.com helps people to manage their own health by providing useful and up-to-date information and tools.</p> |
| <p>Wisconsin Literacy http://wisconsinliteracy.org/ Supports adult, family, and workplace literacy programs statewide.</p> | <p>Minnesota Literacy Council http://www.themlc.org/ Provides literacy programs to adults and children throughout the state of Minnesota.</p> |
| <p>The Iowa Literacy Resource Center</p> | <p>Gundersen Lutheran Health Resource Libraries</p> |

<http://www.readiowa.org/>

Provides links to literacy resource materials for adults and children across the state.

<http://www.gundluth.org/libraries>

Books, videos, and magazines about all kinds of health topics. Materials can be checked out and you do not need to be a Gundersen Lutheran patient to use the Health Resource Libraries.